

(First Week of Advent)

### **Saying “Yes” to God**

The will of God is to make each of us “full of grace,” just like Mary. A wonderfully appropriate Scripture passage for Advent, the Annunciation (Luke 1:26-38) is a main part of the Christmas story.

Christ became human because Mary was willing to yield to “the power of the Most High.” Without Mary’s assent at the Annunciation, God’s plan for the Incarnation would have had to unfold another way. Mary’s cooperation was essential, for God does not force his creatures to bend to his will. Rather, we are invited to cooperate with grace.

Mary serves as a model for each of us who have also been invited to cooperate with God’s transforming presence. Christ can only be born in us if we, like Mary, are willing to say “Yes” to God’s invitation and open our self to the life-giving power of the Holy Spirit. Like Mary, we are all called to nurture and give birth to Jesus so that he may be born anew in our hearts and in our world.

